

九老仙部印圖 Seal of the Nine Immortal Realms

As presented in the Secret Book of the Three Sovereigns 三皇內文遺秘

- 1. For ten days (an ancient week) prior to the ritual, practice ritual abstinence to purify your mind, body, and spirit. If you do not practice ritual abstinence for ten days prior leading up to the ritual, then the Sovereign of Heaven Taiyi will not bless the Seal.
- 2. The Seal should be carved on wood from a thunderstruck jujube tree.
 - a. Alternative: Use an electrical wood burner to carve the Seal.
 - b. It should be 3 inches x 3 inches in the shape of a square.
- 3. Carve the Seal on the fifth day of the fifth lunar month.
 - a. Alternative 1: Carve the Seal in the Spring season on the day of Jia Zi
 - b. Alternative 2: Carve the Seal in the Summer season on the day of Bing Wu
- 4. Perform a purification ritual to consecrate the space. Burn your most precious *bài shàng* 拜上 incense as an offering to Heaven. Example: Agarwood 沉香 incense.
- 5. Prepare offering cakes. In addition, prepare three dishes of offerings to go with the cakes.
- 6. Perform a preliminary divination to determine whether Heaven has accepted your offerings and whether the ritual space has been consecrated correctly.
- 7. If the divination affirms you can proceed, clasp your hands in prayer and recite: Dào jūn Huáng Tiān Tàiyī 道君皇天太一 ("This humble practitioner, [state your name], comes forth seeking attunement with Heaven and the Supreme One, the Great Creator Taiyi, primordial sovereign of Heaven").
- 8. Carve the Seal in the following order. *Optional*: Repeat the above affirmation or, alternatively, maintain concentrated thought on the meaning of that passage as you carve the Seal.



9. Invoke Tàiyī with the following incantation and as you recite each line, trace over the next segment of the Seal you've carved, in sequential order. Conceptualize yourself channeling potent divine forces from Heaven through you, out your spirit writing instrument, infusing the Seal with that divine force.

某今佩持寶印, mǒu jīn pèi chí bǎo yìn IT IS HEREBY AFFIRMED that the one who comes forth with the

水 9 mm 負 引	mod jiii per em bae yiii	intent to carry this precious treasure of a Seal
願內無疾病,	yuàn nèi wú jí bìng	is one who is pure of heart, coming before the gods with pure mind.
外斷諸祆,	wài duàn zhū xiān	And so by the power of Taiyi, all baneful spirits are henceforth blocked, severed from attachment to the one who possesses this Seal.
救護天人,	jiù hù tiān rén	This Seal shall save and safeguard at all times, and through this Seal the Celestials are never far.
除精卻惡,	chú jīng què è	Henceforth this Seal endows the power to impede and circumvent the wicked, defeat all malice and cure the maladies of this world.
所求自然,	suǒ qiú zì rán	What the heart and mind seek shall be attained. What brings joy, health, and abundance will manifest in perpetuum.
與道合同。	yǔ dào hé tóng.	THIS AGREEMENT IS HEREBY ACCEPTED between the sovereign of Heaven and the sovereign who carries this Seal, as blessed by

10. Clap three times. Burn an additional three sticks of incense as closing offerings. Bow twice. The Seal has been duly empowered. As the incense burns, eat the food offerings, which are now infused with Heaven's blessings.

the sovereign of Earth.