

# SPIRIT KEEPER'S TAROT

Orientation Course

Video 14: Guided Remote Energy Healing  
(Tarot After-Care)

<https://youtu.be/Lnz0a0T0gE0>

The following is the written text to the recitation in Video 14.

## Guided Healing Meditation

CALLING ON SPIRITUAL FORCES FOR ENERGY CLEARING AND PROTECTION

### *Recitation I*

Holy Guardian Angel, ever you are by my side, to light and guard, to love and guide.

I honor the skies. I honor the earth. I honor the living. I honor the dead. I honor all that is of Holy Creation.

*(Light dressed and consecrated candle)*

May the many faces and many names of the Holy Spirit descend down and take this flame. Hereby be the eternal fire to light and guard, to love and guide. Holy Spirit of many faces and many names, descend down and take this flame.

Spirit of the Eternal Flame, through my hands you work to mend, to attend, to alleviate. You soothe this reverent one, who comes before you to be cleansed. Emanations of this Holy Light surround and safeguard this reverent one, this precious child of your creation, this soul to whom you give salvation.

Spirit of the Eternal Flame, through my hands you work to mend, to attend, to alleviate. You soothe this reverent one, who comes before you to be cleansed. Emanations of this Holy Light surround and safeguard this reverent one, this precious child of your creation, this soul to whom you give salvation.

May the one face and the one name of the Holy Spirit come forth and take this flame. You are the eternal fire who lights and guards, who loves and guides;

you are the one face and one name of Spirit who adores this reverent one, this precious child of the Holy Light's creation. Come forth, be ever present, and take this flame.

Holy Angel, beneficent one, the one who lights and guards, who loves and guides this precious child of the Holy Light's creation, who is the one companion to take this child to salvation: through my hands you work to mend, to attend, to alleviate. You soothe this reverent one, who comes before you to be cleansed. Emanations of this child's Holy Angel, light and guard, love and guide.

Holy Guardians, ever you are by our side, to light and guard, to love and guide. Hear our thanks for all that you provide.

*(Hold rose quartz palm stone and selenite wand)*

Mother Goddess of the Earth, this stone contains your blessings. It is alive with the essence of your spirit.

Mother Goddess of the Earth, through my hands you work to mend, to attend, to alleviate. You soothe this reverent one, who comes before you to be cleansed. My wand of selenite diffuses the blessings of the Mother Goddess to coat and cover, to wrap the aura, the spirit of this precious one here before me, here before the Goddess, reverent with gratitude, every fiber of your child's soul and body mended and cleansed with the embrace of the Goddess.

Mother Goddess of the Earth, through my hands you work to mend, to attend, to alleviate. You soothe this reverent one, who comes before you to be cleansed. My wand of selenite diffuses the blessings of the Mother Goddess to coat and cover, to wrap the aura, the spirit of this precious one here before me, here before the Goddess, reverent with gratitude, every fiber of your child's soul and body mended and cleansed with the embrace of the Goddess.

Mother Goddess of the Earth, through my hands you work to mend, to attend, to alleviate. You soothe this reverent one, who comes before you to be cleansed. My wand of selenite diffuses the blessings of the Mother Goddess to coat and cover, to wrap the aura, the spirit of this precious one here before me, here before the Goddess, reverent with gratitude, every fiber of your child's soul and body mended and cleansed with the embrace of the Goddess.

Spirits of this Aether, beneficent in your command, come forth and be ever present. The stone I hold comes alive with your grace, charged with your benediction.

I hold this stone to my heart and channel from above and below, Holy Spirit and Mother Goddess of the Earth, charged with the benediction of Aether's Grace, a power old and wise, kind and tender, merciful and compassionate.

I hold this stone to my heart and channel from above and below, Holy Spirit and Mother Goddess of the Earth, charged with the benediction of Aether's Grace, a power old and wise, kind and tender, merciful and compassionate.

By the powers vested in me, through my hand and wand of selenite, spirits old and wise, soothe this reverent one who comes before you to be cleansed. Diffuse your blessings and charge this aura with all that is good and all that is light. Spirits kind and tender, soothe this reverent one who comes before you to be cleansed. Diffuse your blessings and charge this aura with all that is good and all that is light. Spirits merciful and compassionate, soothe this reverent one who comes before you to be cleansed. Diffuse your blessings and charge this aura with all that is good and all that is light.

By the powers vested in me, from the Holy Spirit above, from Mother Goddess below, charged with the benediction of Aether's Grace, Angels old and wise, Angels kind and tender, Angels merciful and compassionate, I call upon you and I invoke you.

All that you endow me with I send right out and cast upon this reverent one, this child of yours, this one whom you love and guide. Blessings of the Holy One, blessings of Mother Goddess, these are the blessings that charge this aura with all that is good and all that is light.

I honor the skies by their Holy Names; I honor the seas by their Holy Names; I honor the grounds upon which we tread with all of their Holy Names.

All that you endow me with I send right out and cast upon this reverent one, this child of yours, this one whom you love and guide. I clear away what does not serve this child. I send away all that is baneful, harmful, or vile.

I honor the skies by their Holy Names; I honor the seas by their Holy Names; I honor the grounds upon which we tread with all of their Holy Names.

All that you endow me with I send right out and cast upon this reverent one, this child of yours, this one whom you love and guide. I clear away what does not serve this child. I send away all that is baneful, harmful, or vile.

*(Light stick of frankincense and myrrh with the candle flame)*

I invoke our Holy Mother. I invoke our Holy Father. I light this frankincense and myrrh, Empress and Emperor, I call upon you to come forth.

The Holy Ghost of all that is Divine, you rise in this sacred smoke and bless our Aether with your Grace. Magnanimous powers of the Holy Light, this is the Spirit of the Flame.

The Holy Ghost of all that is Divine, you rise in this sacred smoke and bless our Aether with your Grace. Magnanimous powers of the Holy Light, this is the Spirit of the Flame.

The Holy Ghost of all that is Divine, you rise in this sacred smoke and bless our Aether with your Grace. Magnanimous powers of the Holy Light, this is the Spirit of the Flame.

You, you who I see before me. You who hear me, who feel my presence by your side, our love and goodwill connected beyond space and time, you feel a lightness in your heart, a joy that soothes your mind. This Breath of Holy Light I send you, this Power diffusing across your spirit to embrace you, you can feel it fill the cracks and fragments, salving the fissures of your soul, filling with love what had been hollow, immersing you in a cloud of divine protection, bringing back to life what was feeling lifeless.

I honor the good, the mighty, and the beneficent Holy Angel who endows me with bright, clear eyes to see what needs mending. Holy Father work through my right hand, Holy Mother work through my left.

Holy Angel who endows me with bright, clear eyes to see what needs mending, Holy Father, Holy Mother, I connect to you and through my hands you send your love, your light, your powers as they are needed by this child before you, child of the Holy Father, child of the Holy Mother, child to be made whole.

What had been drained from your body, may the Holy Light emanating from my hands hereby restore. What had been empty inside you, may the Holy Light emanating from my hands fill you with Curing, Invigorating Love. May the Holy Light of the Eternal Flame pass through me and mend every piece of you that another had broken, purify what you have felt to be impure, and soothe your disturbances.

Holy Angel who endows me with bright, clear eyes to see what needs mending, Holy Father, Holy Mother, I connect to you and through my hands you send your love, your light, your powers as they are needed by this child before you, child of the Holy Father, child of the Holy Mother, child to be made whole.

What had been drained from your body, may the Holy Light emanating from my hands hereby restore. What had been empty inside you, may the Holy Light emanating from my hands fill you with Curing, Invigorating Love. May the Holy Light of the Eternal Flame pass through me and mend every piece of you that another had broken, purify what you have felt to be impure, and soothe your disturbances.

Holy Angel who endows me with bright, clear eyes to see what needs mending, Holy Father, Holy Mother, I connect to you and through my hands you send your love, your light, your powers as they are needed by this child before you, child of the Holy Father, child of the Holy Mother, child to be made whole.

What had been drained from your body, may the Holy Light emanating from my hands hereby restore. What had been empty inside you, may the Holy Light emanating from my hands fill you with Curing, Invigorating Love. May the Holy Light of the Eternal Flame pass through me and mend every piece of you that another had broken, purify what you have felt to be impure, and soothe your disturbances.

*(Key 3: The Empress)*

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Empress, and send into your world, empower your space and charge your future days with the glory of the world, with abundance and prosperity, with the power of productivity, with streams of every resource you need channeled your way.

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Empress, and send into your world, empower your space and charge your future days with the glory of the world, with abundance and prosperity, with the power of productivity, with streams of every resource you need channeled your way.

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Empress, and send into your world, empower your space and charge your future days with the glory of the world, with abundance and

prosperity, with the power of productivity, with streams of every resource you need channeled your way.

*(Key 8: The Force)*

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Force, and send into your world, empower your space and charge your future days with greater vitality, with strength and courage, with fearlessness and confidence, with love for yourself, care for yourself, and kindness to yourself.

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Force, and send into your world, empower your space and charge your future days with greater vitality, with strength and courage, with fearlessness and confidence, with love for yourself, care for yourself, and kindness to yourself.

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Force, and send into your world, empower your space and charge your future days with greater vitality, with strength and courage, with fearlessness and confidence, with love for yourself, care for yourself, and kindness to yourself.

*(Key 17: The Healer)*

By the powers vested in me, fueled by the Love of the Holy Ones, I invoke the spirit of The Healer, and send into your world, empower your space and charge your future days with emanations of healing, rejuvenation, repairing to make whole, purifying with healing dew, endowing you with the Gifts of the Spirit.

What had been drained from your body, may the Holy Light emanating from my hands hereby restore. What had been empty inside you, may the Holy Light emanating from my hands fill you with Curing, Invigorating Love. May the Holy Light pass through, come to you, and mend every piece of you that another had broken, purify what you have felt to be impure, and soothe your every disturbance.

Spirits of the Holy Light, ever you are by our side, to light and guard, to love and guide. Hear our thanks for all that you provide.

## Recitation II

*(Light dressed, consecrated candle and incense)*

Blessed by Spirit, I burn bright.  
The seat of my power is strong.  
Glory becomes me.  
I give and I receive Great Compassion.  
My voice is the power of Good Change.  
I am connected to the Akasha.  
I am connected to the Anima Mundi.  
I see what is not seen. I hear what is not heard.  
I feel the pulses of space and time.  
The Light within me is awakened.

Blessed by Spirit, I burn bright.  
The seat of my power is strong.  
Glory becomes me.  
I give and I receive Great Compassion.  
My voice is the power of Good Change.  
I am connected to the Akasha.  
I am connected to the Anima Mundi.  
I see what is not seen. I hear what is not heard.  
I feel the pulses of space and time.  
The Light within me is awakened.

Blessed by Spirit, I burn bright.  
The seat of my power is strong.  
Glory becomes me.  
I give and I receive Great Compassion.  
My voice is the power of Good Change.  
I am connected to the Akasha.  
I am connected to the Anima Mundi.  
I see what is not seen. I hear what is not heard.  
I feel the pulses of space and time.  
The Light within me is awakened.