

**Before Commencing...**  
(Can also be done on Day 1.)

Pass high quality paper and pen through the smoke of sacred incense (e.g., sandalwood, frankincense, etc.) to clear and consecrate it. Then follow the order of pen strokes to render the Thunder Rites sigil. *Practitioner's Note:* If you have a practitioner's seal (and know what that is), be sure to stamp the sigil after you've rendered it.

Alternative:  Instead of a paper Fu talisman, consider charging a pocket stone for a personal charm, or jewelry. However, if you are charging a stone for a personal charm, go with a metal. *Ex.* Peacock ore, pyrite, silver, iron, stainless steel, etc. For jewelry, select a design that is going to be emblematic of Thunder Rites. *Ex.* Vajra, visvavajra (the double vajra), dharma wheel, a design with eight spokes, etc., and preferably made of metal. Pass the object through the smoke of sacred incense to clear and consecrate it before commencing.

<p style="text-align: center;"><b>Day 1</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>	<p style="text-align: center;"><b>Day 2</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>	<p style="text-align: center;"><b>Day 3</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>	<p style="text-align: center;"><b>Day 4</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>
<p style="text-align: center;"><b>Day 5</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>	<p style="text-align: center;"><b>Day 6</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>	<p style="text-align: center;"><b>Day 7</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>	<p style="text-align: center;"><b>Day 8</b></p> <p><input type="checkbox"/> Guided 108 Vajrapani recitations w/ Jing Guang mudra (keep charging talisman close by)</p> <p><input type="checkbox"/> After recitations, direct mudra toward charging talisman and funnel harvested forces into the object</p>
<p style="text-align: center;"><b>Day 9</b></p> <p><input type="checkbox"/> On the morning of Day 9, first thing you do after waking, take the talisman in both palms (and make sure it touches both). Through mentalism and intention setting, attach a specific goal, objective, or aspiration to the talisman. Think of the talisman as a fully charged battery of power and you want to use that battery of power to charge something in your life to facilitate achievement or success in that area of life. <i>Optional:</i> You can run the audio for the Vajrapani mantra in the background while you do this.</p> <p><input type="checkbox"/> Consider a strategic place to position the charged talisman. This could very well be a charm that you decide to keep close to you wherever you go, or you might have a specific place in mind for placing it, such as a desktop, in a particular drawer, on an altar, etc.</p>			
<p style="text-align: center;"><b>Day 30</b></p> <p><input type="checkbox"/> Think back to the last 30 days, your 8-day dedicated practice, re-watch the Tinkering Bell #9 video, and reflect on your experience. Take the time to write out your thoughts, feelings, positive and negative, questions, speculations, actual physical experiences, etc. The act of writing helps to reinforce your studies.</p>			