



EPISODE ONE: EXPELLING MALEFIC ATTACHMENTS

Aura and Space Clearing Spray

Begin the first step of the recipe on the full moon, combining the dried herbs and alcohol. Fifteen days later, on the new moon, finish by draining away the herbs, adding the essential oils, and the holy water into an amber glass spray bottle.

- 2 cups holy water
- 1/2 cup isopropyl alcohol
- 3 pods of dried star anise
- 7 dried cloves
- Dried lemon peel (or orange peel)
- 1 inch (or 3 centimeter) long stick of selenite
- 1 inch (or 3 centimeter) long stick of black tourmaline
- 10 drops sandalwood essential oil
- 10 drops bergamot essential oil
- 10 drops frankincense essential oil
- Spray bottle to store the mixture

Pour the isopropyl alcohol over the star anise, cloves, lemon peel, selenite, and black tourmaline.

Note: In Episode 1, I show how I substitute the black tourmaline with dried orchid petals and a sandalwood bead.

Steep in a sealed glass jar from a full moon through the waning moon phases to the new moon. Doing so draws out more of the metaphysical properties from the herbs and stones into the alcohol.



On the new moon, strain the alcohol, discard the herbs and stones. Add the essential oils as listed. Pour into a spray bottle. Top off until full with holy water. Shake well to combine.

Note: For me, holy water consists of rain water collected during astrologically auspicious dates, charged under the sun and then again under the moon during astrologically auspicious dates, and then consecrated, or charged through a recitation ritual that consists of prayers and mantras.

The aura and space clearing spray is conducive of higher vibrational or celestial energies, so when in use, petition deities, angels, Buddhas, bodhisattvas, ascended masters, devas, or immortals and recite invocations while using the clearing spray.

Paired with incantations calibrated to your intentions, the aura and space clearing spray is multi-purpose. It conducts divine energies and suspends those divine energies in the air, living space, or on the aura for shielding, powerful protection, and eradication of all malefic forces.