The 13 Principles of Craft

From the Huangdi Yinfu Jing (黃帝陰符經)
Or The Yellow Emperor's Classics of the Esoteric Talisman
Or The Yellow Emperor’s Scripture for the Esoteric Talisman

1 Align yourself with the Universe.
2 All manifestations in the Universe can be generated through your own hand.
3 Before every event, the Universe presents opportunities to change the path of nature.
4 You can harness energy from the Universe and nature to help your own fate and luck, but it’s most effective only when the timing is proper and the approach is peaceful.
5 To harness the energy of the Universe, your mind must be awakened. For your mind to be awakened, you must be spiritual. Those who are not spiritual are not awakened and therefore cannot harness the energy of the Universe.
6 Your body can master your mind through isolated sensory focus; that is how you become spiritual.
7 Use the binary of yin and yang energies to transform the path of nature.
8 Harness energy of the Universe through Wu Xing (or the fundamental alchemical elements).
9 From Qi energy came the eight elements that make up the I Ching Ba Gua.
10 Harness energy of the Universe through the synthesis of astrology and numerology.
11 No one holds special favor in the court of Heaven but anyone can gain favors from the court of Heaven.
12 To harness energy from the Universe isn’t a supernatural act. It’s a form of philosophy of Heaven and Earth. If you want to understand how to harness energy from the Universe, first understand the four seasons and the four directions.
13 To harness the energy of higher spirits, use yang. To harness the energy of lower spirits, use yin.