Eight Direction Home Protection Fu Talismans

The following Fu talismans use the principles covered in The Tao of Craft to demonstrate the application of the book’s instruction in actual sigil crafting. This document instructs on a set of home protection Fu talismans. Eight square Fu paper talismans are prepared, one for each of the eight directions—north, northeast, east, southeast, south, southwest, west, and northwest. A guardian animal totem is summoned for each direction to guard your home and hearth.

If you own land, then these can be buried outside, along the perimeter of your property. If you live in an apartment, these can be tucked discretely out of sight along the walls of the eight directions. These square paper talismans are double-sided. You’ll be printing out the last four pages of this document double-sided. Then cut into eight individual squares for the eight paper talismans.

During the charging ritual, the practitioner’s seal or a Chinese character representing the family name occupying the home will be inscribed on the backs of each paper talisman. Alternatively, a sigil or glyph representing the occupants can be used.

The Eight Direction Home Protection Talismans are believed to help safeguard against hexes and curses, neutralize poison arrows (a feng shui concept), safeguard against hungry ghosts, and generally ward off malignant or malevolent energies. Empowering the eight talismans can be a long, involved process, and is not necessary for every home. (In fact, it might be metaphysical overkill for most homes.) However, if you’re an occultist or one who engages in interactions beyond the veil, it is probably good practice (very good practice…) to cast these home protection talismans or something similar. First, an explanation of sigil construction and anatomy.

The Sigil Design

The overall design layout should look familiar to you, especially after having gone through the crafting exercises in Appendix I. This is the Protection Fu as explained on page 462 in The Tao of Craft. Figure I.19, I.20, I.21, and I.22 and accompanying text explains the meaning of each component in this sigil design.

Whether Fu sigils printed from a computer can be as effective as hand-drawn Fu sigils is up for contention and the answer (an opinion) will depend on who you ask. I say refer back to the 13 principles from Classics per Chapter 3 and decide for yourself whether the way you want to construct your sigil conforms to those 13 principles.
The glyph inscribed at the center of each sigil design is the Chinese oracle bone script for the animal totem corresponding with that directionality.

<table>
<thead>
<tr>
<th>Direction</th>
<th>Animal</th>
<th>Oracle Bone Script</th>
</tr>
</thead>
<tbody>
<tr>
<td>South</td>
<td>Phoenix</td>
<td><img src="image" alt="Oracle Bone Script for Phoenix" /></td>
</tr>
<tr>
<td>Southwest</td>
<td>Bull</td>
<td><img src="image" alt="Oracle Bone Script for Ox (Bull)" /></td>
</tr>
<tr>
<td>West</td>
<td>Tiger</td>
<td><img src="image" alt="Oracle Bone Script for Tiger" /></td>
</tr>
<tr>
<td>Northwest</td>
<td>Horse</td>
<td><img src="image" alt="Oracle Bone Script for Horse" /></td>
</tr>
<tr>
<td>North</td>
<td>Tortoise</td>
<td><img src="image" alt="Oracle Bone Script for Tortoise" /></td>
</tr>
<tr>
<td>Northeast</td>
<td>Wolf</td>
<td><img src="image" alt="Oracle Bone Script for Wolf" /></td>
</tr>
</tbody>
</table>
EIGHT DIRECTION HOME PROTECTION FU TALISMANDS

<table>
<thead>
<tr>
<th>East</th>
<th>Dragon</th>
<th>Southeast</th>
<th>Heron (Fowl)</th>
<th>(Back View of Sigil)</th>
</tr>
</thead>
</table>

Oracle Bone Script for Dragon
Oracle Bone Script for Heron (Fowl)

The glyph printed in the four corners calls upon the Great Divine. See Figure B.6 on page 299 and accompanying entry in the appendix. The four glyphs that look like all-seeing eyes are just that. See Figure B.49 and the accompanying entry for “Eye” on page 382. The ※ symbols are explained on page 396 and see Figure B.63.

(Note. Apologies for the differing styles that the Chinese oracle bone script for the eight animal totems are penned in. I drew them at different times and with different style pen tips, so that is what happens.)

Consecration

Recall consecration techniques instructed in the book. In the preparation of the eight paper talismans, make sure consecration is observed.

Charging the Eight Fu Talismans

Before commencing, you will need to gather 8 items from nature, 2 corresponding with Wood from the Wu Xing, 1 corresponding with Fire, 2 corresponding with Earth, 2 corresponding with Metal, and 1 corresponding with Water. For an example, I might select fresh Japanese green maple leaves, mimosa blossoms, or plum wood for Wood; carnelian stone, basil leaf, or a red date for Fire; dark jasper, clay, vial of sand or dirt, or animal bone for Earth; a coin, hematite, or skeleton key for Metal; and persimmon fruit, water chestnut, or labradorite for Water. For preparation and planning, write out what you will use for these correspondences into the below chart.

<table>
<thead>
<tr>
<th>Wood</th>
<th>Fire</th>
<th>Earth</th>
<th>Metal</th>
<th>Water</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
You will also need a glyph or sigil to represent the occupants of the home to be protected. If you live by yourself and you are the practitioner, then your practitioner’s seal or stamp will suffice. Otherwise, for a Chinese family, the character for the surname would be rendered into Fu Wen or the Chinese oracle bone script for the character would be used. For Western practitioners, see Appendix D, starting on page 407. Use the alphabetical correspondences per Figure D.1 to design a Lo Shu glyph for the family name. For the family name Johnson, the following Lo Shu glyph might be rendered:

Lo Shu Glyph for “Johnson,” Per Figure D.1 in Book

In the subsequent instructions for the charging ritual, when it is time to inscribe the glyph or sigil for the occupants of the home, hand-render the glyph into the center space on the back side of the paper talisman. Use red ink. For a home occupied by the Johnson family, the exercise might look as follows:

A Chinese family with the surname “Zhang” might inscribe it as follows:
To start, the order for charging the eight talismans is determined by whether you consider yourself more yin-dominant or more yang-dominant, whether you identify as following a left-hand path or a right-hand path. If yin-dominant or following a left-hand path, go counter-clockwise from the south position. If yang-dominant or following a right-hand path, go clockwise from the south position. The below explains in further detail.

**If Yin-Dominant or Left-Hand Path**
*If Yang/Right, skip this entire section and resume reading from “If Yang-Dominant or Right-Hand Path”*

Gather the eight paper talismans into a pile, in this order, so that the first is at the top and the last is at the bottom: South; Southeast; East; Northeast; North; Northwest; West; and finally, Southwest.

Then light nine joss sticks or sticks of incense, establish sacred space accordingly, and pick up each paper talisman in the order noted below, reciting the corresponding invocation, while passing the paper talisman through the smoke of the incense. As you do so, envision the power of Heaven manifesting in the smoke, getting infused into the talisman. Meanwhile, from your hand holding the talisman, envision your own personal energy and power channeling through your body, concentrating at the tips of your fingers, and getting transferred over and absorbed into the Fu talisman.

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**I summon forth the Phoenix guarding the South.** I call upon you to safeguard this home from the South, to protect and keep from all harm.

**Position item of nature corresponding with Fire atop the center glyph for Phoenix. Hold paper talisman and that item together, then continue with the recitation.**

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Fire and of Mars, for here I draw down the Fire of Mars to empower you, the collective spirit of the Phoenix, guardian of the South.

[Repeat the foregoing a total of 9 times before proceeding on to the next direction.]**

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**I summon forth the Heron guarding the Southeast.** I call upon you to safeguard this home from the Southeast, to protect and keep from all harm.

**Position item of nature corresponding with Wood atop the center glyph for Heron (Fowl). Hold paper talisman and that item together, then continue with the recitation.**

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Wood and of Jupiter, for here I draw down the Wood of Jupiter to empower you, the collective spirit of the Heron, guardian of the Southeast.

[Repeat the foregoing a total of 4 times before proceeding on to the next direction.]
Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.

I summon forth the Dragon guarding the East. I call upon you to safeguard this home from the East, to protect and keep from all harm.

[Position item of nature corresponding with Wood atop the center glyph for Dragon. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Wood and of Jupiter, for here I draw down the Wood of Jupiter to empower you, the collective spirit of the Dragon, guardian of the East.

[Repeat the foregoing a total of 3 times before proceeding on to the next direction.]

Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.

I summon forth the Wolf guarding the Northeast. I call upon you to safeguard this home from the Northeast, to protect and keep from all harm.

[Position item of nature corresponding with Earth atop the center glyph for Wolf. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Earth and of Saturn, for here I draw down the Earth of Saturn to empower you, the collective spirit of the Wolf, guardian of the Northeast.

[Repeat the foregoing a total of 8 times before proceeding on to the next direction.]

Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.

I summon forth the Tortoise guarding the North. I call upon you to safeguard this home from the North, to protect and keep from all harm.

[Position item of nature corresponding with Water atop the center glyph for Tortoise. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Water and of Mercury, for here I draw down the Water of Mercury to empower you, the collective spirit of the Tortoise, guardian of the North.

[The foregoing need only be recited once before proceeding on to the next direction.]
[Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.]

I summon forth the Horse guarding the Northwest. I call upon you to safeguard this home from the Northwest, to protect and keep from all harm.

[Position item of nature corresponding with Metal atop the center glyph for Horse. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Metal and of Venus, for here I draw down the Metal of Venus to empower you, the collective spirit of the Horse, guardian of the Northwest.

[Repeat the foregoing a total of 6 times before proceeding on to the next direction.]
Gather the eight paper talismans into a pile, in this order, so that the first is at the top and the last is at the bottom: South; Southwest; West; Northwest; North; Northeast; East; and finally, Southeast.

Then light nine joss sticks or sticks of incense, establish sacred space accordingly, and pick up each paper talisman in the order noted below, reciting the corresponding invocation, while passing the paper talisman through the smoke of the incense. As you do so, envision the power of Heaven manifesting in the smoke, getting infused into the talisman. Meanwhile, from your hand holding the talisman, envision your own personal energy and power channeling through your body, concentrating at the tips of your fingers, and getting transferred over and absorbed into the Fu talisman.
## EIGHT DIRECTION HOME PROTECTION FU TALISMANS

<table>
<thead>
<tr>
<th>Talisman</th>
<th>Recitation</th>
</tr>
</thead>
</table>
| ![Phoenix Talisman](image1) | **I summon forth the Phoenix guarding the South. I call upon you to safeguard this home from the South, to protect and keep from all harm.**  
(Position item of nature corresponding with Fire atop the center glyph for Phoenix. Hold paper talisman and that item together, then continue with the recitation.)  
This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Fire and of Mars, for here I draw down the Fire of Mars to empower you, the collective spirit of the Phoenix, guardian of the South.  
[Repeat the foregoing a total of 9 times before proceeding on to the next direction.] |
| ![Ox Talisman](image2) | **I summon forth the Ox guarding the Southwest. I call upon you to safeguard this home from the Southwest, to protect and keep from all harm.**  
(Position item of nature corresponding with Earth atop the center glyph for Bull (Ox). Hold paper talisman and that item together, then continue with the recitation.)  
This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Earth and of Saturn, for here I draw down the Earth of Saturn to empower you, the collective spirit of the Ox, guardian of the Southwest.  
[Repeat the foregoing a total of 8 times before proceeding on to the next direction.] |
| ![Tiger Talisman](image3) | **I summon forth the Tiger guarding the West. I call upon you to safeguard this home from the West, to protect and keep from all harm.**  
(Position item of nature corresponding with Metal atop the center glyph for Tiger. Hold paper talisman and that item together, then continue with the recitation.)  
This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Metal and of Venus, for here I draw down the Metal of Venus to empower you, the collective spirit of the Tiger, guardian of the West.  
[Repeat the foregoing a total of 7 times before proceeding on to the next direction.] |
Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.

I summon forth the Horse guarding the Northwest. I call upon you to safeguard this home from the Northwest, to protect and keep from all harm.

[Position item of nature corresponding with Metal atop the center glyph for Horse. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Metal and of Venus, for here I draw down the Metal of Venus to empower you, the collective spirit of the Horse, guardian of the Northwest.

[Repeat the foregoing a total of 6 times before proceeding on to the next direction.]

Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.

I summon forth the Tortoise guarding the North. I call upon you to safeguard this home from the North, to protect and keep from all harm.

[Position item of nature corresponding with Water atop the center glyph for Tortoise. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Water and of Mercury, for here I draw down the Water of Mercury to empower you, the collective spirit of the Tortoise, guardian of the North.

[The foregoing need only be recited once before proceeding on to the next direction.]

Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.

I summon forth the Wolf guarding the Northeast. I call upon you to safeguard this home from the Northeast, to protect and keep from all harm.

[Position item of nature corresponding with Earth atop the center glyph for Wolf. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Earth and of Saturn, for here I draw down the Earth of Saturn to empower you, the collective spirit of the Wolf, guardian of the Northeast.

[Repeat the foregoing a total of 8 times before proceeding on to the next direction.]
[Before the recitation, using a consecrated pen or writing tool, inscribe onto the back side of the paper talisman, at the center point, a glyph for the family name or sigil representing the occupant or occupants of the home to be protected. Then proceed with the below recitation.]

I summon forth the Dragon guarding the East. I call upon you to safeguard this home from the East, to protect and keep from all harm.

[Position item of nature corresponding with Wood atop the center glyph for Dragon. Hold paper talisman and that item together, then continue with the recitation.]

This [state item of nature, e.g., stone, leaf, vial of sand, etc.] shall arm you with the full powers of Wood and of Jupiter, for here I draw down the Wood of Jupiter to empower you, the collective spirit of the Dragon, guardian of the East.

[Repeat the foregoing a total of 3 times before proceeding on to the next direction.]

Gather up the eight paper talismans again and arrange in a circle, going counter-clockwise, according to the Later Heaven Ba Gua. For a reference diagram, see Figure 1.15 on page 25.

Using mala prayer beads to keep count, recite the following invocation for 108 recitations (select to either recite in Sanskrit or in English):

| Om sarva tathagata ushnisha Shitata patra hum phat Hom mama hom ni svaha | I invoke the ushnisha Sitatapatra, the White Parasol Born from Buddha’s crown, to protect and guard Against wickedness, and to bring blessings. |

The foregoing is the Invincible Incantation, discussed on page 212 and 213 of the text.

During the 108 recitations, visualize and compel energy from Heaven, Earth, and Man (you, the practitioner) to synthesize and become absorbed into the eight paper talismans. Envision the potency of the eight paper talismans increasing with your recitations.
To conclude, gather up the eight paper talismans into a pile on the tabletop or atop the altar and
descend your dominant hand down emphatically onto the pile of paper talismans and recite:

\[
\text{It is so ordered.}
\]

*Alternatives: “Ji ji ru lu ling” in the traditional Taoist tradition or “So mote it be” in many Western magical traditions.*

**Postliminary Divination**

In many of the Fu Talisman Instructables provided on the website, instruction for postliminary
divination was not included. Not all practitioners observe the postliminary divination step. Thus,
instruction thereof was omitted from the Instructables, assuming that practitioners who observe it will
include it and those who do not won’t. Here, however, I would urge the practitioner to perform the
postliminary divination, due to the scope of the casting at hand.

After performing the charging ritual for the eight Fu talismans, line them up in rows as follows:
You may note that the arrangement is pursuant to the eight directions corresponding with the Later Heaven Ba Gua, as discussed in Chapter 1, see Figure 1.15 on page 25. Observing your own personal methods for divination, whether that is tossing jiao bei moon blocks here, using tarot cards, or another divination method, determine whether Heaven, Earth, and Man have been aligned and have effectively empowered the eight sigils for home protection. Then produce the divinatory result. It’s best here to use a divination method that can yield a clear yes or no response. With the moon blocks, if the divinatory result is “laughing gods,” you may immediately ask again and toss the blocks again, repeating your question. Moon block divination is explained in Chapter 6, Tools of Craft, starting on page 131. If using moon blocks, toss the blocks into the center point among the eight arranged talismans. Whichever yes-no divination method you opt for, set the spread in that center point.

**Activating the Eight Direction Fu Talismans**

Although the book instructs on sealing (or stamping) the Fu talismans after the postliminary divination, here, sealing and stamping was integrated into the construction and charging of the sigils.

Once the postliminary divination indicates an affirmative result, determine whether you will be placing these eight talismans outside along the perimeter of your property, buried underneath the ground, or inside, along the interior walls of your home. Either or will work. However, if you own land that your house is situated on, then I recommend the former. If you live in an apartment, then I recommend the latter. Identify the northern-most point, northeastern-most point, eastern-most point, southeastern-most point, southern-most point, etc. for the eight directions of your home (whether inside or outside) and place the corresponding Fu talisman there. In general practice, these Fu talismans are placed out of sight, so buried underground, tucked underneath the carpeting, placed inside a drawer or vase, or affixed to the back of a wall hanging.

**Modifications to the Sigil Instructions**

The instructions provided here are general and intended to be all-purpose, to be applicable and effective for as many and as diverse a sampling of practitioners as possible. As we all know, one size never fits all. Specifically, to cast effective home protection talismans, it helps to invoke a patron deity or deities you are closely attuned to.

Thus, if you work with Guan Yu, for instance, then invoking Guan Yu and having the design and construction of the sigils be customized toward Guan Yu (and calling upon glyphs or symbolism of his Guan Dao, see bottom of page 391 and top of 392) would be more effective for you than using these sigil designs as-is. If deities, archangels, or other celestial entities from the Western pantheons are more aligned with your practice, then use sigils that call upon those entities.

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To learn more about the history and cultural practice of Fu talismans and sigil crafting in the Eastern esoteric traditions, get your copy of *The Tao of Craft: Fu Talismans and Casting Sigils in the Eastern Esoteric Tradition* (North Atlantic Books, 2016).
EIGHT DIRECTION HOME PROTECTION FU TALISMAN

South Phoenix

East Dragon

North Tortoise

West Tiger
EIGHT DIRECTION HOME PROTECTION FU TALISMAN

Back View
(Inscribe Occupant Glyph at Center)

Back View
(Inscribe Occupant Glyph at Center)

Back View
(Inscribe Occupant Glyph at Center)

Back View
(Inscribe Occupant Glyph at Center)
Southeast
Heron (Fowl)

Northeast
Wolf

Northwest
Horse

Southwest
Ox (Bull)
Back View
(Inscribe Occupant Glyph at Center)

Back View
(Inscribe Occupant Glyph at Center)