

# HOLISTIC TAROT SUPPLEMENT

This text is offered as a supplement to *Holistic Tarot: An Integrative Approach to Using Tarot for Personal Growth* (North Atlantic Books, 2015) by Benebell Wen.

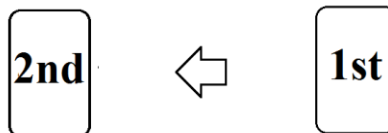


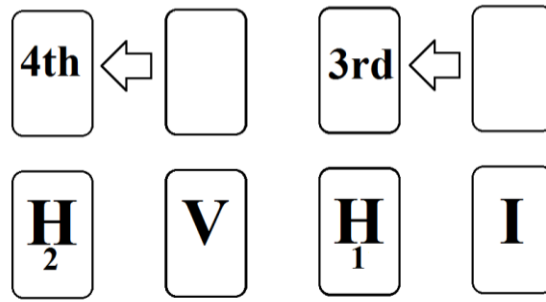
## Quick Review of the First Operation

1. Select Signifier (or Significator) card.

<i>Sun Sign</i>	<i>Court Card Signifier</i>	<i>Suit / Element</i>	<i>Personality Type</i>
<p><b>Aries</b> MAR 21 – APR 19</p> <p><b>Leo</b> JUL 23 – AUG 22</p> <p><b>Sagittarius</b> NOV 22 – DEC 21</p>	<p>PAGE for young female KNIGHT for young male QUEEN for adult female KING for adult male</p>	<p><b>WANDS</b></p> <p><b>FIRE</b></p>	<p>Motivated, high-energy; born creators; thinks quickly. Dynamic personas; jovial, friendly faces; prominent, distinct features.</p>
<p><b>Cancer</b> JUN 21 – JUL 22</p> <p><b>Scorpio</b> OCT 23 – NOV 21</p> <p><b>Pisces</b> FEB 19 – MAR 20</p>	<p>PAGE for young female KNIGHT for young male QUEEN for adult female KING for adult male</p>	<p><b>CUPS</b></p> <p><b>WATER</b></p>	<p>Emotionally sensitive, compassionate, loving, kind; born nurturers. Doe-eyed, soft, pleasant, watery features.</p>
<p><b>Libra</b> SEPT 23 – OCT 22</p> <p><b>Aquarius</b> JAN 20 – FEB 18</p> <p><b>Gemini</b> MAY 21 – JUN 20</p>	<p>PAGE for young female KNIGHT for young male QUEEN for adult female KING for adult male</p>	<p><b>SWORDS</b></p> <p><b>AIR</b></p>	<p>Intelligent, witty, provocative; sharp, persuasive, analytical, judicious. Stern gaze, serious or alert eyes; classic, elegant features.</p>
<p><b>Capricorn</b> DEC 22 – JAN 19</p> <p><b>Taurus</b> APR 20 – MAY 20</p> <p><b>Virgo</b> AUG 23 – SEPT 22</p>	<p>PAGE for young female KNIGHT for young male QUEEN for adult female KING for adult male</p>	<p><b>PENTACLES</b></p> <p><b>EARTH</b></p>	<p>Grounded, reliable, loyal, trustworthy; stubborn. Possesses strong convictions. Refined physique; harmonious features. Pragmatic.</p>

2. Shuffle deck with Signifier card and cut as follows:





3. Locate the pile that the Signifier card is in. That pile indicates the nature of Signifier’s question that the tarot will answer. See below table for reference:

<p><b>I</b></p>	<p>PHYSICAL PLANE: <b>Work/Career; Personal Development; Health &amp; Wellness.</b> Seeker is asking about matters of personal development, such as work or career. Can also indicate school, university studies, and academics. Could indicate an interest in beginning a new venture or carrying out a new idea. Pile is also associated with the physical, such as body, health, or wellness issues.</p> <p style="text-align: right;"><i>(Corresponds with FIRE/Wands.)</i></p>
<p><b>H 1</b></p>	<p>EMOTIONAL PLANE: <b>Love, Marriage, Family.</b> The internal sphere: Seeker is asking about emotions, feelings, personal relationships, or desires. This pile pertains to the domestic sphere and interpersonal matters. When love or romance is the matter at hand, or the matter that Seeker should focus on at present, the signifier will appear here.</p> <p style="text-align: right;"><i>(Corresponds with WATER/Cups.)</i></p>
<p><b>V</b></p>	<p>INTELLECTUAL PLANE: <b>Politics, Ambitions, Social, Intellectual.</b> The intellectualized sphere: Seeker is asking about ambitions and high aspirations. This pile corresponds with the Seeker’s role in society. Activists and leaders often find their signifier cards in this pile. This pile could also pertain to conflict resolution, imbalances or disappointments. Note further that this pile could suggest intellectual matters at play, or a mental struggle. This is the hardest of the four piles to read, but curiously enough, the signifier rarely appears in this pile—only for the most unique of Seeker spirits does the signifier appear here.</p> <p style="text-align: right;"><i>(Corresponds with AIR/Swords.)</i></p>
<p><b>H 2</b></p>	<p>MATERIAL PLANE: <b>Money, Business, Property.</b> Seeker is asking about a material matter, finances, property, or wealth. When the signifier appears in this pile, the Seeker should be focusing on financial concerns, wealth management, or the settlement of a particular piece of property.</p> <p style="text-align: right;"><i>(Corresponds with EARTH/Pentacles.)</i></p>

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## First Operation Practice Log

#	DATE	SIGNIFIER	PILE INTENDED	PILE OUTCOME	NOTES
Ex.	12/12/2014	Queen of Swords	H2	V	INACCURATE. I don't think I focused well enough during the shuffle. My mind was wandering. I was also nervous that I would be wrong.
Ex.	12/12/2014	1: The Magician	I	I	ACCURATE. I felt very focused and the cards really took on a connective energy of their own.
Ex.	12/13/2014	Page of Cups	H1	I	NOT SURE. This reading was for D.F., and she was thinking about love and relationships, but her signifier appeared in the I pile. Afterward, though, she said it made sense and confessed that she probably should be focusing more on her school studies right now than romance.
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