

## HOLISTIC TAROT SUPPLEMENT

This text is offered as a supplement to *Holistic Tarot: An Integrative Approach to Using Tarot for Personal Growth* (North Atlantic Books, 2015) by Benebell Wen.



### Log of Celtic Cross Practice Readings (Waite Cross)

This log is based on the Waite version of the Celtic Cross, explained in Chapter 14, p. 337-338 and in Appendix A, p. 707-708. Print out the template on the subsequent page and makes copies. As a beginner working with the Celtic Cross, fill in the chart for every reading and log the readings in your tarot journal.

MAJOR ARCANA		Card	Symbol	Card	Symbol	Card	Symbol
<i>Card</i>	<i>Symbol</i>	20 Judgement	<b>XX Jdg</b>	Five Cups	<b>5Cp</b>	Knight Swords	<b>KnSw</b>
0 Fool	<b>0 F</b>	21 World	<b>XXI W</b>	Six Cups	<b>6Cp</b>	Queen Swords	<b>QoS</b>
1 Magician	<b>I M</b>	MINOR ARCANA		Seven Cups	<b>7Cp</b>	King Swords	<b>KoS</b>
2 High Priestss.	<b>II HP</b>	Ace Wands	<b>AWd</b>	Eight Cups	<b>8Cp</b>	Ace Pentacles	<b>APn</b>
3 Empress	<b>III Em</b>	Two Wands	<b>2Wd</b>	Nine Cups	<b>9Cp</b>	Two Pentacles	<b>2Pn</b>
4 Emperor	<b>IV Ep</b>	Three Wands	<b>3Wd</b>	Ten Cups	<b>10Cp</b>	Three Pentacles	<b>3Pn</b>
5 Hierophant	<b>V Hie</b>	Four Wands	<b>4Wd</b>	Page Cups	<b>PgCp</b>	Four Pentacles	<b>4Pn</b>
6 Lovers	<b>VI Lv</b>	Five Wands	<b>5Wd</b>	Knight Cups	<b>KnCp</b>	Five Pentacles	<b>5Pn</b>
7 Chariot	<b>VII C</b>	Six Wands	<b>6Wd</b>	Queen Cups	<b>QoCp</b>	Six Pentacles	<b>6Pn</b>
8 Strength	<b>VIII S</b>	Seven Wands	<b>7Wd</b>	King Cups	<b>KoCp</b>	Seven Pentacles	<b>7Pn</b>
9 Hermit	<b>IX H</b>	Eight Wands	<b>8Wd</b>	Ace Swords	<b>ASw</b>	Eight Pentacles	<b>8Pn</b>
10 Wheel Fortn.	<b>X Wh</b>	Nine Wands	<b>9Wd</b>	Two Swords	<b>2Sw</b>	Nine Pentacles	<b>9Pn</b>
11 Justice	<b>XI J</b>	Ten Wands	<b>10Wd</b>	Three Swords	<b>3Sw</b>	Ten Pentacles	<b>10Pn</b>
12 Hang'd Man	<b>XII HM</b>	Page Wands	<b>PgWd</b>	Four Swords	<b>4Sw</b>	Page Pentacles	<b>PgPn</b>
13 Death	<b>XIII D</b>	Knight Wands	<b>KnWd</b>	Five Swords	<b>5Sw</b>	Knight Pentcls.	<b>KnPn</b>
14 Temperance	<b>XIV T</b>	Queen Wands	<b>QoWd</b>	Six Swords	<b>6Sw</b>	Queen Pentcls.	<b>QoPn</b>
15 Devil	<b>XV D</b>	King Wands	<b>KoWd</b>	Seven Swords	<b>7Sw</b>	King Pentacles	<b>KoPn</b>
16 Tower	<b>XVI Tw</b>	Ace Cups	<b>ACp</b>	Eight Swords	<b>8Sw</b>	Card Reversal	<b>+Rx</b>
17 Star	<b>XVII St</b>	Two Cups	<b>2Cp</b>	Nine Swords	<b>9Sw</b>	<i>Use the shorthand symbols in this reference table to note the cards in the Celtic Cross practice logs. For card reversals, add "Rx."</i>	
18 Moon	<b>XVIII Mn</b>	Three Cups	<b>3Cp</b>	Ten Swords	<b>10Sw</b>		
19 Sun	<b>XIX Sn</b>	Four Cups	<b>4Cp</b>	Page Swords	<b>PgSw</b>		

Date of Reading : \_\_\_\_\_  
 Seeker Name : \_\_\_\_\_  
 Inquiry : \_\_\_\_\_  
 Other Info. : \_\_\_\_\_

**10** 1 Heart of the Matter  
 2 Challenges/Obstacles  
 3 Aspirations/Speculation  
**9** 4 Foundation/Roots  
 5 Immediate Future  
 6 Past Influences  
**8** 7 Seeker's View of Self  
 8 Seeker in Environment  
 9 Hopes and Fears  
**7** 10 Probable Outcome

**6**

**3**

**SIG.**

**1**

**2**

**5**

**4**

Reading Notes:

The below is an example of how the printout form might be used to log a CC reading.

Date of Reading : 12/17/2010  
 Seeker Name : Karen  
 Inquiry : general inq. no specif. Q  
 Other Info. : female, QoS SIG.

*but someone w/ great foresight & sense of vision - prob. intellectually creative*

3 XVII St

SIG.  
QoS

6 GW TRX

AW<sup>1</sup>

KoC<sup>2</sup>

5 7P

4 XX Jdg.

*prev. errors in judgment. hence disappoints.*

*poised for success if willing*

*need greater confidence in self*

10 OF

1 Heart of the Matter  
AW: new venture e

2 Challenges/Obstacles  
KoC: fatherhood? father energy?

3 Aspirations/Speculation  
Star: hope, visions

4 Foundation/Roots  
Judgmt Rx: ~~misinterpret~~ misinterpret situation

5 Immediate Future  
harvest, hesitating to reap

6 Past Influences  
GWds Rx - delayed victory

7 Seeker's View of Self  
Pg. Wds Rx - passivity insecurities

8 Seeker in Environment  
Chariot: victory, control

9 Hopes and Fears  
5 Swds Rx - contnition, recompense

10 Probable Outcome  
Fool - choice/beginnings clear conscience

Reading Notes:  $\triangle$   $\nabla$   $\triangle$   $\nabla$  double 7s  
 AW KoC XVII 7P 17  
 XX VII 5S  
 GW OF  
 PgW

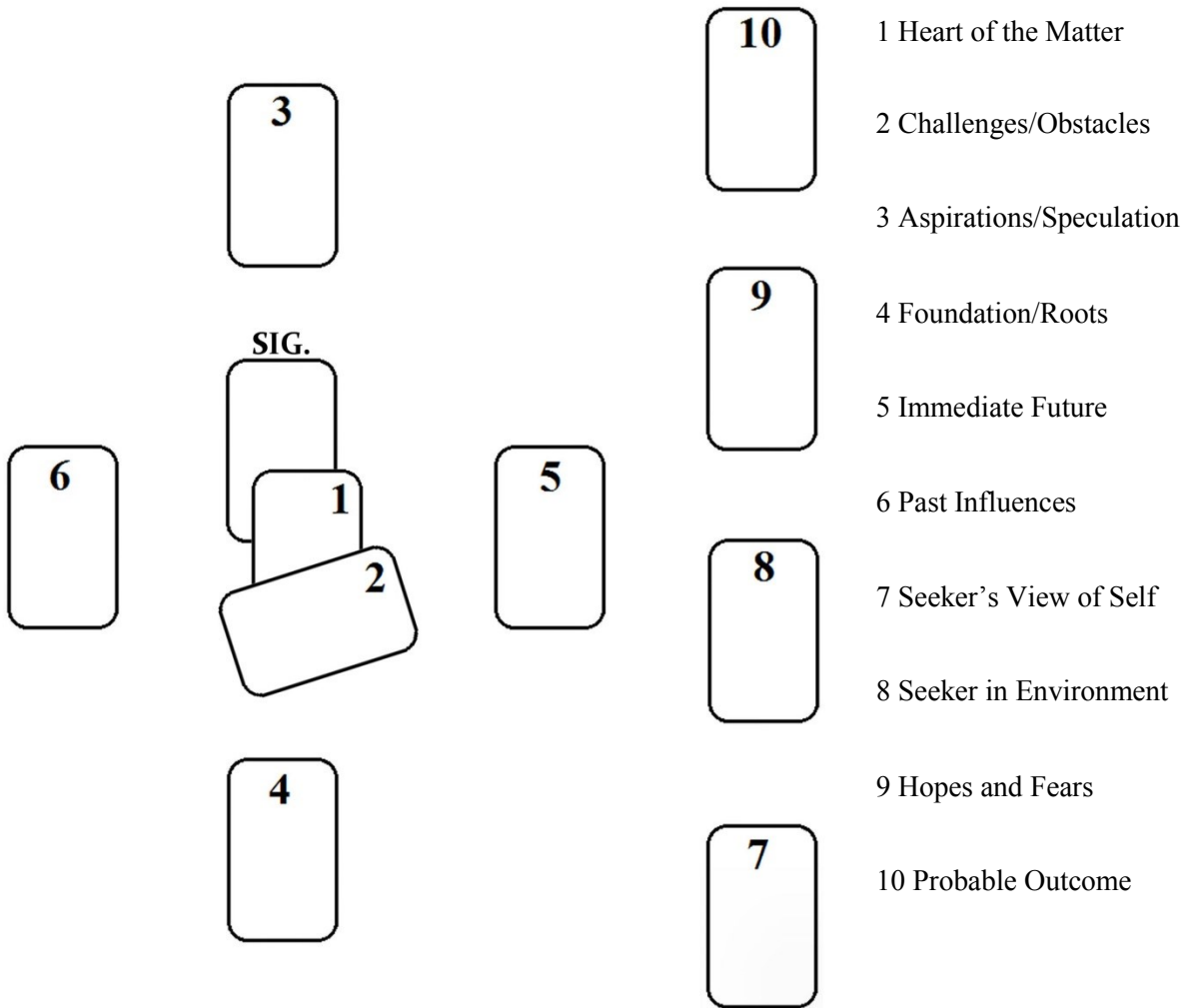
- need to be more motivated
- Fire energy most important for success - Fire is key to future success
- Lacking Earth - instability issues

7P + Chariot = insecure w/ own trajectory

12/19/2010  
 Reading feedback:  
 - correct re: skr's personality  
 - past disapp't. related to relationship with father - tense

**CELTIC CROSS: PRACTICE #1**

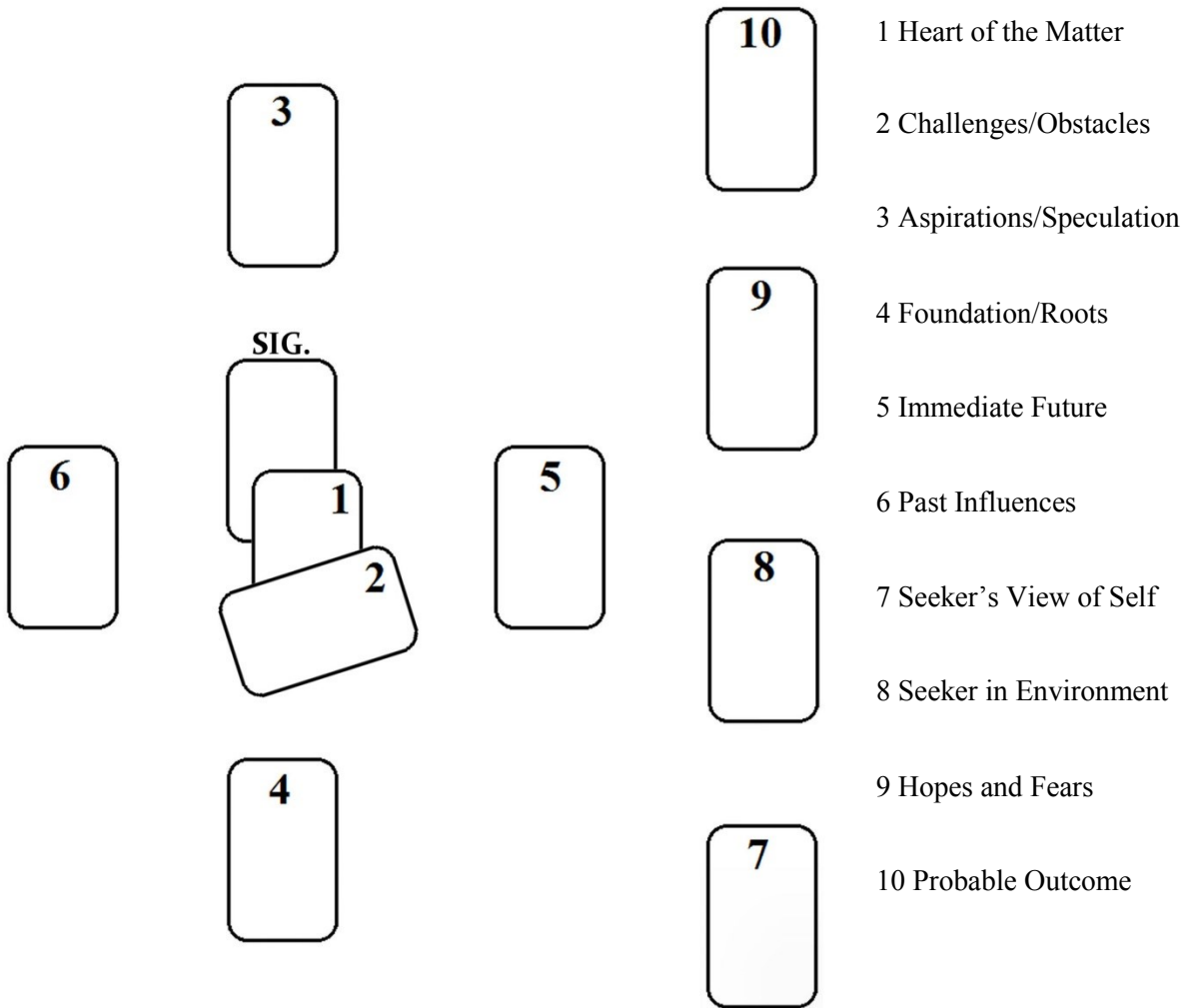
Date of Reading : \_\_\_\_\_  
Seeker Name : \_\_\_\_\_  
Inquiry : \_\_\_\_\_  
Other Info. : \_\_\_\_\_



Reading Notes:

**CELTIC CROSS: PRACTICE #2**

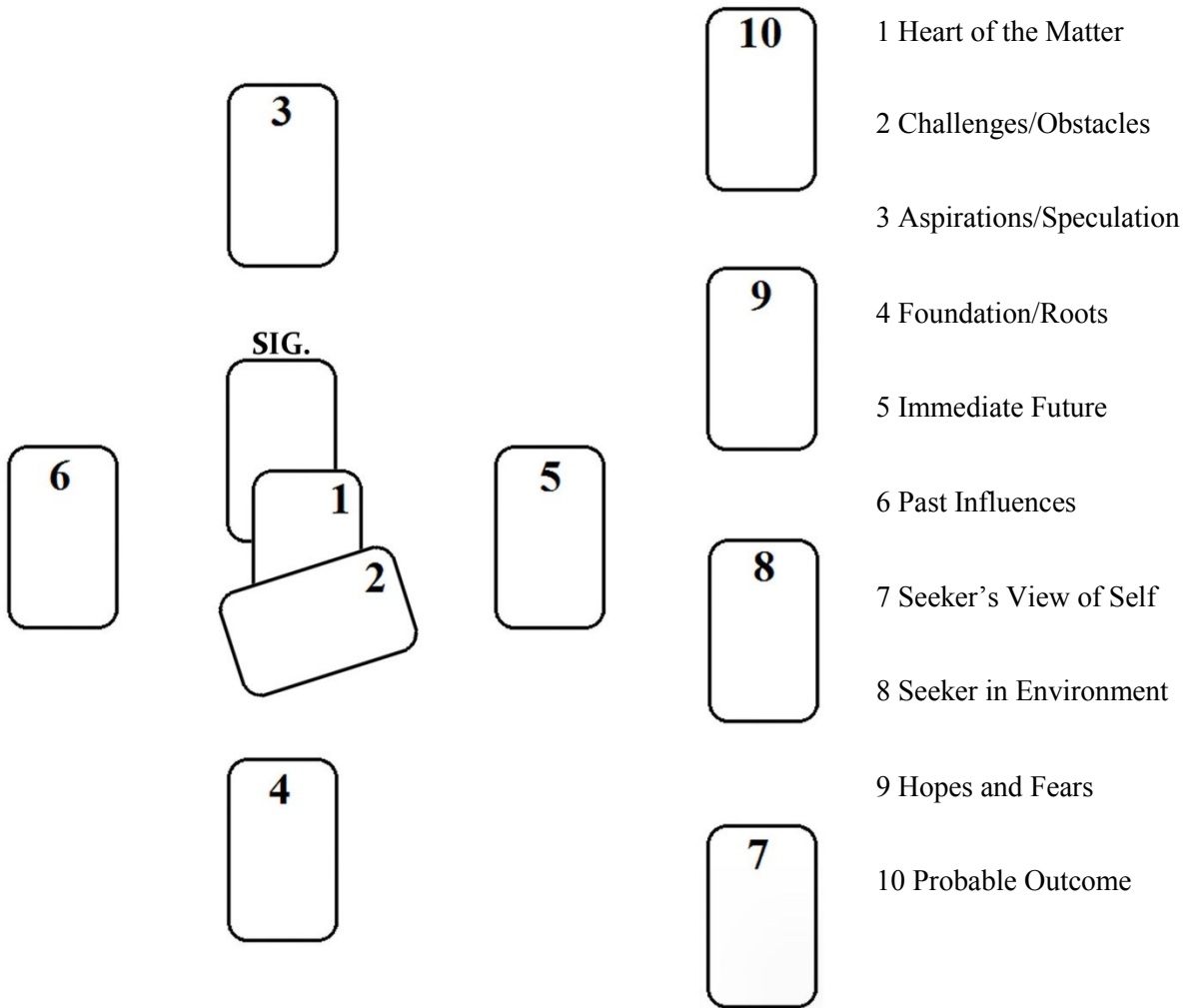
Date of Reading : \_\_\_\_\_  
Seeker Name : \_\_\_\_\_  
Inquiry : \_\_\_\_\_  
Other Info. : \_\_\_\_\_



Reading Notes:

**CELTIC CROSS: PRACTICE #3**

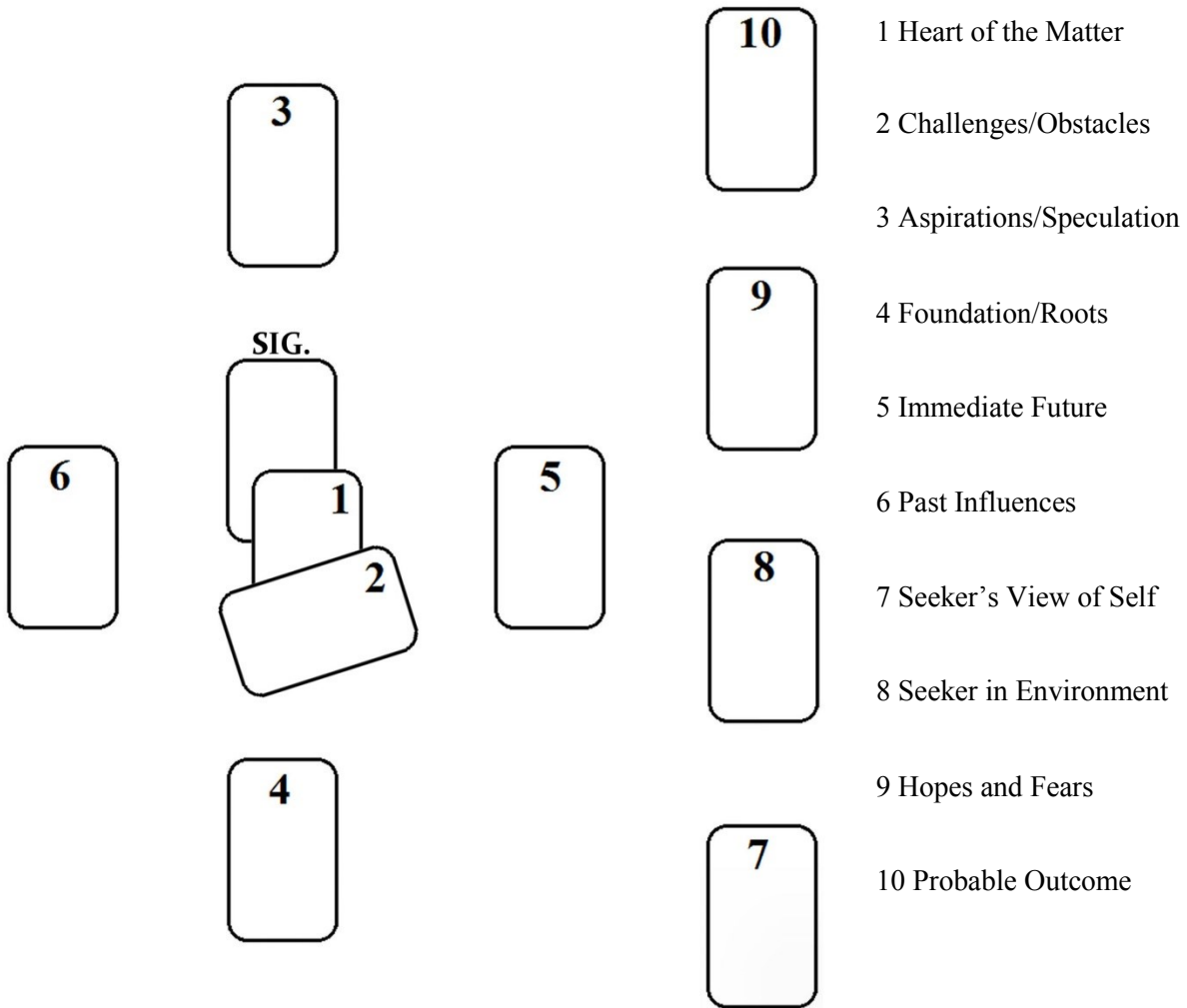
Date of Reading : \_\_\_\_\_  
Seeker Name : \_\_\_\_\_  
Inquiry : \_\_\_\_\_  
Other Info. : \_\_\_\_\_



Reading Notes:

**CELTIC CROSS: PRACTICE #4**

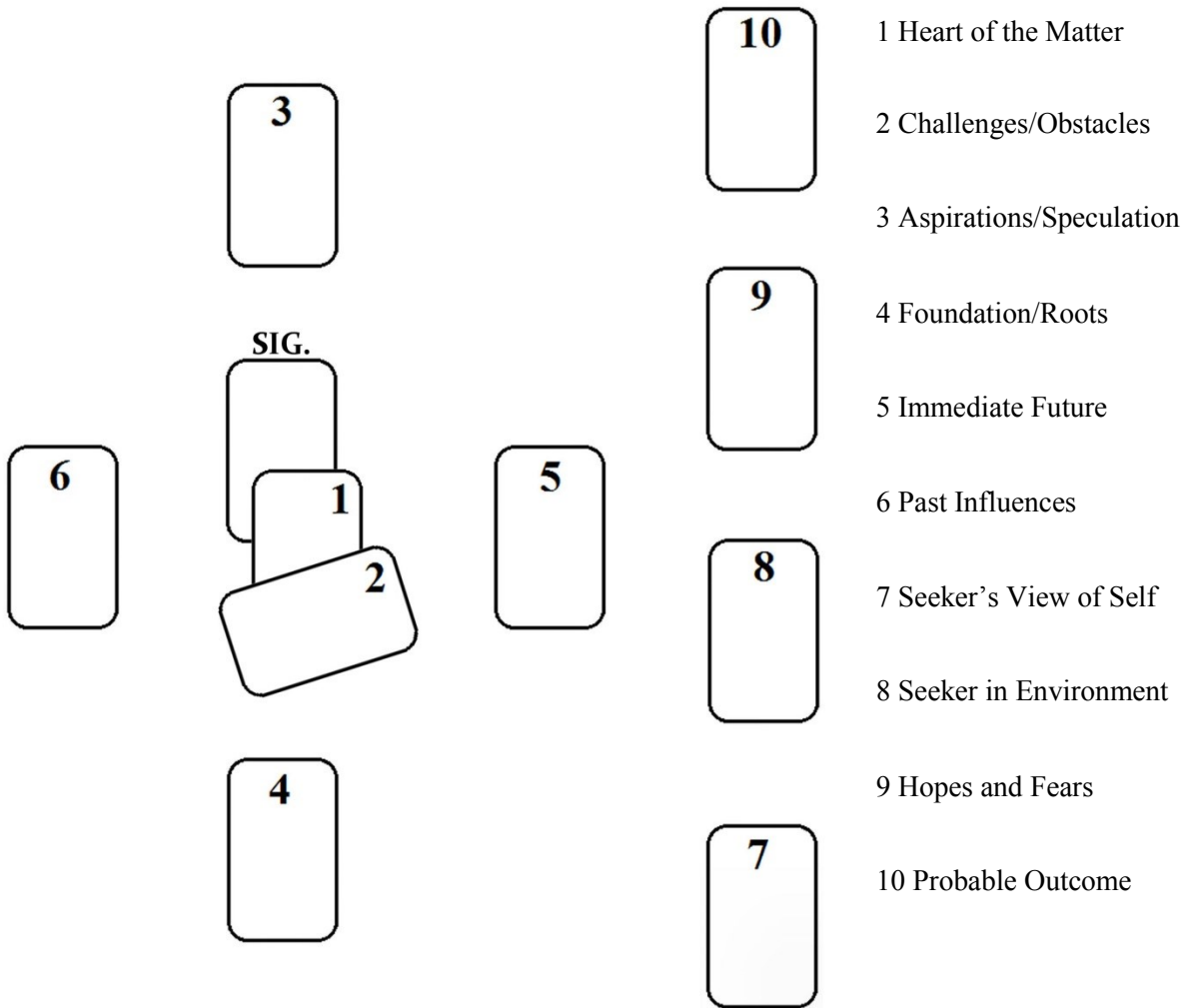
Date of Reading : \_\_\_\_\_  
 Seeker Name : \_\_\_\_\_  
 Inquiry : \_\_\_\_\_  
 Other Info. : \_\_\_\_\_



Reading Notes:

**CELTIC CROSS: PRACTICE #5**

Date of Reading : \_\_\_\_\_  
Seeker Name : \_\_\_\_\_  
Inquiry : \_\_\_\_\_  
Other Info. : \_\_\_\_\_



Reading Notes: